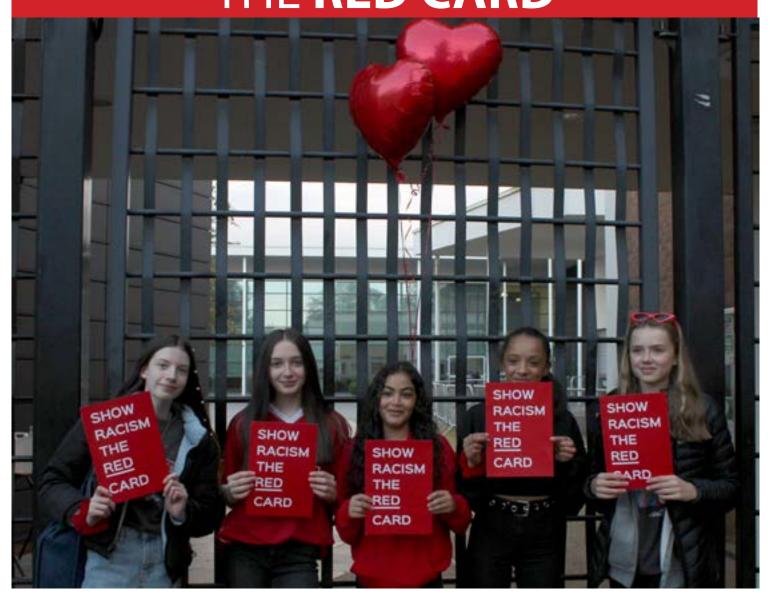
CTheBarlowRC Newsletter - October 2020

THE BARLOW SHOW RACISM THE RED CARD



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HEADTEACHER'S MESSAGE

A Vibrant Community



I would like to thank all of our pupils, staff, parents, and governors for what has been an extremely positive first half-term.

We have successfully re-opened after our sixth month partial closure and I, along with all of the staff, am delighted to see The Barlow back to being the purposeful, well-ordered and vibrant community that it is. There have been many highlights this half-term. From our Year 7 Transition Days, to our Show Racism The Red Card event, there has been much to celebrate.

Other highlights include The Barlow continuing to be an 'award winning' school, having been shortlisted for no less than three awards in the prestigious National TES Awards and being awarded the Young Carers in Schools Silver Award. Our huge 'Congratulations' go to everyone involved.

We are proud of everything our community has achieved this half-term, in what are, without question, very challenging times. As always, our pupils, who are our greatest asset, are at the heart of these achievements. They have been amazing. We wish all members of our school community a restful holiday: relax, re-charge and enjoy!

We look forward to welcoming everyone back after the holiday.



SILVER YOUNG CARERS

Award

The Barlow has been given a Silver Award for their work to make sure students don't miss out on an education because they are Young Carers. Congratulations to our amazing staff for this achievement.

Young Carers are responsible for emotional, practical or physical care for a parent, sibling or other family member who has a physical disability, mental health issue or substance misuse issue. The 2011 Census statistics revealed that there are just over 166,000 young carers in England, but research reveals that this is just the tip of the iceberg. The true figure could be closer to 800,000 young carers in England, equivalent to one in 5 secondary aged school children many of whom are unrecognised and unsupported.

To achieve their Silver Award The Barlow has demonstrated that it supports Young Carers in many ways, including awareness raising with pupils and staff, and by building links within the local community. Young Carers are consulted with, and vital information is made available to pupils and families, letting them know where to go for help.

SHOW RACISM

The Red Card!

Friday 16th October was 'Show Racism the Red Card' non-uniform day, where staff and students were asked to wear a red item of clothing to show our solidarity to this Zero Tolerance to Racism campaign.

All students donated £1 to raise money for this leading anti-racism educational charity. During lunchtime activities continued with red snack stalls and table tennis.

It was a hugely successful event.





TES Award 2020 Finalists!

A huge congratulations to our school community, in particular Mr Holmes, Mr Richards and Mrs Fisher who are finalists at the National TES Awards this year. A well deserved recognition of the amazing job they do.

Mr Holmes has been nominated for 'English Teacher of the Year', Mr Richards 'New Teacher of the Year' and Mrs Fisher 'Classroom Assistant of the Year'. Go team Barlow!







PEARSON AWARDS

Celebrating our Amazing Staff!

At The Barlow we foster academic excellence, deliver a broad, balanced, challenging, knowledgerich curriculum and ensure the highest quality of teaching and learning.

We have an experienced, highly skilled, and committed teaching staff, who set consistently high expectations and provide a superb learning environment for all our pupils, regardless of their academic ability.

We are celebrating our amazing staff so a big congratulations to Mr Holmes, Mr Wall, Mrs Lutman and Mr Sirett for being awarded Teacher of the Year at the Pearson Awards. Well done to you all!



Year 7 Transition Co-Curricular Events

Year 7 students attended Transition events at St Catherine of Sienna Church in Didsbury.

Transition themes explored during this Co-Curricular provision were around students' personal development: self-confidence, resilience, friendship and community. Students had an opportunity to spend time together and think about how to achieve their best at The Barlow.

All Year 7 students have now all taken part and achieved their Transition Award, receiving a certificate for completing their transition to our school. Well done to everyone involved!







HOUSE OF LORDS

Q&A with Baroness Bennett

Year 8 students had the opportunity to have a live Q&A with Baroness Bennett of Manor Castle. The pupils spent a lesson preparing for this wonderful opportunity.

Baroness Bennett discussed the role of the House of Lords and how this worked alongside the House of Commons. Students learnt all about how Lords are selected to take a place in the House. They spent time discussing the work of Baroness Bennett of Manor Castle, preparing some questions to ask her during our live session the following day.

Once the sound check was complete students were ready to go live with the Houses of Parliament! Baroness Bennet was excellent and really supportive of our students and their questions. She gave open and honest answers in everything from equality in the House of Lords to her view on our Prime Minister. Students asked



and the laws she thinks we need to become much more sustainable. Baroness Bennet was really impressed at the quality of the questions she was asked, she praised students, saying how thoughtful and 'innovative' they were.

She finished our call with some final words encouraging students to get involved in politics and to never be afraid of speaking up for what is right.

St Ambrose Feast Day

The Barlow celebrates the feast day of Saint Ambrose Barlow, our patron saint, each school year. Students and staff received a treat to honour the day.

Our new Year 7 students can be seen experiencing their first St Ambrose Feast Day, learning about our patron saint and receiving their treats.



MUSIC MARK

2020 - 20201



Congratulations to Mrs Taylor for achieving a school Music Mark for 2020-2021! A great recognition for all the hard work she puts into the Music Department here at The Barlow.

We have excellent provision for music here and you can view recent performances in our Virtual Open Month Area on the school website:

https://thebarlowrchigh.co.uk/?page_id=6207



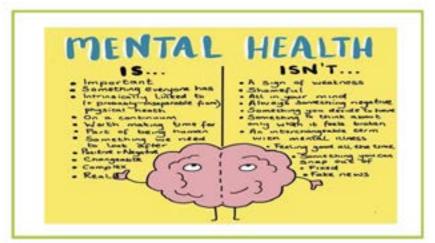
World Mental Health Day

The Barlow held mental health workshops for a week leading up to World Mental Health Day.

These were delivered through assemblies and during Family Time. Important information was shared to reinforce the importance of raising awareness of mental health and self-care.

The Barlow emotional health check is a new drive with our pupils along with our continuing 'Mindfulness Monday' initiative. These form part of our whole-school positive mental health strategy.







MACMILLAN

Bake Sale

Students held a Macmillian bake sale in their zoned areas during break time, with a fantastic selection of cakes and treats for sale.

Thank you to all the staff and students for cake donations for the sale, and to Mrs Lutman for organising the bake sale. A total of £392.62 was raised, well done to you all!

Total Raised £392.62



Voicebox Live

A group of Year 9 students, including our Anti-Bullying Ambassadors took part in a Voicebox live event. This Included two workshops regarding anti-bullying and national burn awareness.

Students were able to engage in the live workshop and ask questions online as the workshop was taking place.

Our students found the workshops very informative and they will be able to take away what they have learnt and put that into practice in the Anti-Bullying meetings and in raising awareness for burns with other students.

Year 11 Revision **Sessions**

Year 11 have been preparing for their mock exams and GCSEs, attending a study session which focused on giving students the tools they need to successfully prepare and revise for the forthcoming exams.





MINDFUL

Monday

Every Monday all Barlow students take part in a guided meditation to practice being more mindful. Mindfulness means paying full attention to yourself and not thinking about anything else in that moment.

Research shows that practicing mindfulness can improve attention spans for just about anyone. Overall, people who learn to practice mindfulness are able to pay attention better



and are less distractible. Mindfulness also helps individuals stay calm under stress, avoid getting too upset, get along better with others, and be more patient. Most Barlow students feel this starts their day in a positive way!

ASDAN Arts Exhibition

Six students from the Year 11 ASDAN group had to create a drawing, painting or print for their Expressive Arts Module. From concept they illustrated their own original ideas, added colour and framed the artwork. The art the students created was very professional.

Students then went on to plan every aspect of an art exhibition for staff including posters to showcase the event, displaying and pricing the artwork and organising a refreshment stall.

The exhibition was a great success with £75 raised from the sale of artwork and refreshments. Proceeds are to be donated to the Marie Curie UK charity.

Well done to you all, what a fantastic achievement!









