



Year 7 Curriculum Overview

Subject: PSHE



Term		Content	Resources/Study/Support
Spring Term	Half Term 3	My personality and behaviour – What is my personality like? What can influence my behaviour? What role models can I look up to? Resilience – What is resilience? What can I learn from my mistakes? How can I be more resilient? Why should I have a growth mindset? Puberty – What happens during puberty? How does this make me feel? How can this impact my relationships with others?	No assessment required. Pupils will be asked to participate in class debates and discussions during lesson time
	Half Term 4	Friendship – What are the benefits of friendship? How can I be a good friend? How can I recognise a toxic friendship? Friendship and changing relationships – How do our friendships change over time? How can I manage conflict resolution? Consent and online behaviour – What is consent? Do I always have consent to publish images of my friends online? Why is my behaviour online so important?	No assessment required. Pupils will be asked to participate in class debates and discussions during lesson time
Summer Term	Half Term 6	British values – What are British values? Why are they important? How can I demonstrate British values? Democracy – What is democracy? What are the benefits of living in a democratic society? Tolerance and respect - What is respect? Why is respect such an invaluable part of British society? How can we create a more tolerant and respectful society?	No assessment required. Pupils will be asked to participate in class debates and discussions during lesson time



Year 8 Curriculum Overview

Subject: PSHE



Term		Content	Resources/Study/Support
Summer Term	Half Term 6	<p>Assertiveness – What does it mean to be assertive? What are the benefits of being assertive?</p> <p>Online relationships – Has the internet impacted the way we make relationships with others? How can we form safe relationships online?</p> <p>Online bullying – What does online bullying look like? How does online bullying make people feel? What is the difference between banter and bullying? How can I protect myself and others online?</p> <p>Healthy relationships – What does a healthy relationship look like? How do I know I am part of healthy relationship? How can I have a relationship which is free from exploitation and coercion?</p> <p>Consent and the law – What is the age of consent in the UK? How can the law protect young people? What are the positives of sex in a loving and committed marriage?</p> <p>Teenage pregnancy – What are the statistics on teenage pregnancy? Why has this reduced over the years? What are the struggles of teenage pregnancy?</p>	No assessment required. Pupils will be asked to participate in class debates and discussions during lesson time



Year 9 Curriculum Overview

Subject: PSHE



Term		Content	Resources/Study/Support
Summer Term	Half Term 6	<p>Healthy eating – Is my diet healthy? What are the government guidelines on eating healthily? How can diet impact physical and mental health? What can I do to improve my diet?</p> <p>Resilience – What is resilience? Why is resilience an important part of good mental health? How can I learn from my mistakes?</p> <p>Healthy relationships and exploitation – What makes a relationship healthy? What are the signs of an unhealthy relationship? What does exploitation look like in a relationship? What help is available for those who may suffer exploitation?</p> <p>Consent – What does consent mean? Why is this such an important part of any relationship</p> <p>What are human rights? – What are human rights? What are the rights of the child? What happens when human rights are denied?</p> <p>Racism – What is racism? What are hate crimes? What does the law say about racism? How does the equality of act of 2010 support British citizens?</p> <p>Disability discrimination - What does disability discrimination look like? How can we support those who are disabled so they not discriminated against? How does the equality of act of 2010 support those who are disabled?</p>	No assessment required. Pupils will be asked to participate in class debates and discussions during lesson time



Year 10 Curriculum Overview

Subject: PSHE



Term		Content	Resources/Study/Support
Summer Term	Half Term 6	<p>Gender identity – What is gender identity? What are the struggles of members of the LGBTQ+ community? What can life be like for those who identify as a different gender to the one they were born into?</p> <p>Transphobia and homophobia – What does it mean to discriminate against the LGBTQ+ community? How can we recognise and challenge homophobic and transphobic language? How does the equality act of 2010 support the law?</p> <p>Pornography – What is pornography? What can this do to a relationship? What can be the impact of pornography on our mental health?</p>	No assessment required. Pupils will be asked to participate in class debates and discussions during lesson time