

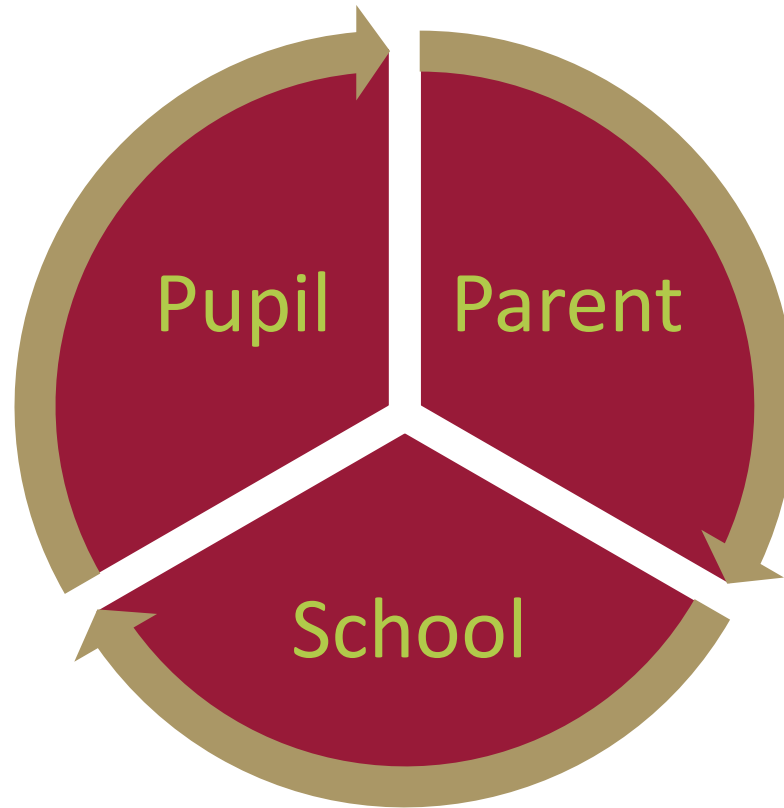
Year 10 Information Evening

THE BARLOW
RC HIGH SCHOOL



Rise up,
take courage,
and do it.

Working Together in Partnership



This Evening

- The year ahead.
- The curriculum.
- Homework.
- How you can support your child.



Rise up,
take courage,
and do it.

September

- Welcome back!
- Settle into my subjects.
- Preparing for Work Experience
- Work Experience Assembly **17th September**
- Theatre Trip **17th September**
- Madrid Parents **Meeting 24th September**
- Theatre Trip **30th September**



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October

- Open Evening **1st October.**
- Big sleep out **9th October.**
- Careers Fair **13th October.**
- Revision Workshop for Parents **13th October.**
- Madrid **13th – 16th October.**
- Rewards Lunch **15th October.**
- Show Racism the Red Card **Friday 16th October.**
- Half Term **16th October.**
- Pupils told to revise for their Big Tests



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take courage,
and do it.

November

- Exam regulations assembly
- Shakespeare Festival **3rd – 4th November**
- Deadline for all self placements for work experience **30th November**
- Alston Castle - **11th – 13th November**

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December

- Big Tests **7th – 10th December**
- Christmas Jumper Day **11th December**
- Sports credit trip **14th December**
- Carol Concert **15th December**
- KS4 Rewards Breakfast **15th December**
- Theatre Trip **16th December**



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take courage,
and do it.



January

- Parents receive pupil tracking.
- Work experience preparation in Personal development lessons.
- Parents Evening **14th January.**
- Tracking to parents.
- Drop Down Day - Resilience and me: Who am I Day? Workshops to explore Comfort Zone, Stretch Zone, Panic Zone **18th January.**
- Chester Zoo **22nd January.**
- UK Maths Challenge **27th January.**

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February

- Pre work experience assembly
- Science Live Trip **9th February**
- Reward Lunch **11th February**
- Safer Internet Day **11th February**
- Staff INSET **12th February** – your child may be asked to attend school
- Half Term – revision sessions will take place
- Work Experience **22nd – 26th February**



Why Work Experience?

Work experience is a chance for you to:

- find out more about yourself.
- find out what inspires you.
- come up with career ideas and try them out.
- discover your strengths, values, motivations and interests.
- meet new people and build your network of contacts.
- identify any reasonable adjustments you may need.
- It can also help you to rule out options, which can help to focus your career ideas.



Year 10

Will participate in a Work Experience Programme where they arrange and attend a one-week placement with a business or organisation.

Work Experience Week is 22nd – 26th February 2025.

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March

- Work Experience reflection
- Prefect Launch assembly **10th March**
- Spanish Exchange **14th – 21st March**
- Rewards Breakfast **24th March**
- Prefect Application Deadline **24th March**



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Prefect Applications

To become a **Prefect**, pupils must have completed the **Bronze and Silver** levels.

To progress to **Senior Prefect**, pupils must achieve **Gold**.

To become **Head Boy or Head Girl**, pupils must achieve **Platinum**.

Pupils can collect their **Leadership Ladder** from **Mrs Holland** and use it to track their progress through each stage.



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take courage,
and do it.



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take courage,
and do it.

The Barlow Leadership Ladder

NAME:

Family Group:

What is Leadership?

Leadership means a lot of different things to a lot of different people. You might want to start by researching different views on leadership with your fellow students or teacher. This award recognises all sorts of different leadership activities, that you may well already have done or be doing. You might be on the school council, write for the school newsletter, be captain of a sports team, be a form register monitor- .it really doesn't matter as long as you are displaying the skills listed on the criteria grid.

How do you get the Award?

In order to gain an award, you will need to choose 5 Leadership activities and once you have completed them ,you must get a teacher to sign to verify that you have done them.

Hand your Leadership Ladder to Mrs Holland for checking. Once it has been verified, you will receive a certificate and the opportunity to move onto the next level of the Leadership Ladder.

Silver Award

Ready to begin your
leadership journey?
START HERE

April

- Prefect interviews commence **12th April**
- Revision Workshop for Parents **13th April**
- Mock interviews – **20th April**
- Exam regulations assembly
- Oral examinations for languages



May

- Start of MOCKS - taster **5th and 6th May**
- GCSEs begin **9th May**
- Head Boy/Girl Assembly **19th May**
- MOCKS continue **24th May**

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Year 11 Written Mock Exams are being held in the Sports Hall
Monday 11th November to Monday 25th November 2024

	PERIOD 1-2	LINE UP OUTSIDE SPORTS HALL AT 8.45		PERIOD 3-4	LINE UP OUTSIDE SPORTS HALL AT 11.15		PERIOD 5	LINE UP OUTSIDE SPORTS HALL AT 1.55pm
	Monday 10 Oct	English Language P1 (2h40)		Biology P1 Combined (2h10) Biology P1 Triple (2h40)				
	Tuesday 19 Oct	RE P1 (1h40)		Maths P1 Non-Calculator (Higher) Calculator (Foundation) (2h00)				
	Monday 12 Nov	English Language P2 (2h40)		Chemistry P1 Combined (2h00) Chemistry P1 Triple (2h40)		Spanish Listening (40m/1h/2 (1h10m/1h10m)		
	Tuesday 13 Nov	Maths P1 Calculator (Higher) Non-Calculator (Foundation) (1h30)		History P1 (1h20) (x40 students)		Spanish Speaking Exams		
	Wednesday 18 Nov	Option B Business Studies P1 (1h40) Computer Science P1 (1h30) Geography P1 (1h30) History P2 (1h30) Music P1 (1h30) Photography Practical (2h) Spanish Reading (45m/1h) Food and Cookery P1 (1h30)		Option B 3D Design Practical (2h) Art Practical (2h) Business Studies P1 (1h40) Engineering P1 (1h15) Geography P1 (1h30) History P2 (1h30) Spanish Reading (45m/1h)		Spanish Speaking Exams		
	Thursday 24 Nov	English Literature P1 (1h45)		RE P2 (50m)		Physics P1 Combined (1h15) Physics P1 Triple (2h40)		
	Friday 25 Nov	Option A 3D Design Practical (2h) Child Development P1 (1h15) Drama Practical (2h) Engineering P1 (1h30) Geography P1 (1h30) History P2 (1h30) Creative (Media) P1 (1h30) PE P1 (1h30) Spanish Reading (45m/1h)		Biology P2 Combined (2h10) Biology P2 Triple (2h40)		Spanish Speaking Exams		
	Week							
	Monday 18 Nov	Option B Business Studies P2 (1h40) Computer Science P2 (1h30) Geography P2 (1h30) History P2 (1h30) Photography Practical (2h) Spanish Writing (1h/2h/2h) Music Practical Mock (2h)		Option B 3D Design Practical (2h) Art Practical (2h) Business Studies P2 (1h40) Geography P2 (1h30) History P2 (1h30) Spanish Reading (45m/1h)		Spanish Speaking Exams		
	Tuesday 19 Nov	Maths P1 Calculator (Higher and Foundation) (1h30)		RE P2 (50m)		Chemistry P2 Combined (2h00) Chemistry P2 Triple (2h40)		
	Wednesday 20 November	English Literature P2 (2h15m)		Option A 3D Design Practical (2h) Drama Evaluation (2h30) Geography P2 (1h30) History P2 (1h30) PE P2 (1h15) Spanish Reading (45m/1h)		Spanish Speaking Exams		
	Thursday 21 Nov	Physics P2 Combined (1h15) Physics P2 Triple (2h40)		RE P2 (50m)		Geography P2 (2h00) (x40 students)		
	Friday 22 Nov	Spanish Speaking Exams		Spanish Speaking Exams		Spanish Speaking Exams		
	Week B							
	Monday 25 Nov	PE Practical		PE Practical		PE Practical		

June

- Head Boy/Girl Interviews
- MOCKS continue until **17th June**
- Duke of Edinburgh **18th – 19th June**
- Rock climbing or cycling **22nd, 23rd, 25th June**
- Celebration Evening **24th June**
- Geography Field Trip **28th June**
- Leadership Mass **29th June**
- Sports Day **30th June**

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July

- College taster days.
- Geography Field Trip **2nd July**
- Chester Zoo **1st July**
- Duke of Edinburgh **3th – 4th July**
- Geography Field Trip **6th July**
- **Spirit Week 12th July**
- Barlow world culture day **16th July**
- Rewards Trip **19th July**
- Sports credit trip **20th July**
- KS4 Rewards breakfast **21st July**
- Tracking to parents **End of July**

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Reward Trip Criteria



In order to receive an invitation to the Rewards trip at the end of the year you must hit the following criteria.

- Outstanding Attendance = 97%
- Outstanding Punctuality = must not hit Trigger Point 1 more than once
- Outstanding behaviour = must not hit **Trigger Point 2** or Trigger point 1 more than once
- SPAR points = Bronze Award

You MUST achieve ALL of the above criteria



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take courage,
and do it.

Home Learning overview – Year 10



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take courage,
and do it.

Subject	Platform	Set	Due
RE	* SENECA & set tasks	Monday	Monday 9am
English	Sparx Reader & booklet	Tuesday	Tuesday 9am
Maths	Sparx Maths	Wednesday	Wednesday 9am
Science	Sparx Science	Monday	Sunday evening
Spanish	* SENECA	Every other Monday	Every other Wednesday
History	* SENECA & revision task	Weekly – set by teacher	Weekly – set by teacher
Geography	Set by teacher	Weekly – set by teacher	Weekly – set by teacher
DT (3D Design, Engineering, Food)	Specified by teacher	Weekly – set by teacher	Set by teacher
Computer Science & Business	Microsoft form	Weekly – set by teacher	Specified by teacher
PE	* SENECA	Tuesday	Tuesday 9am



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How can I support my child to succeed?

- **Homework:** Take an active role!
- **Same time / same space:** Somewhere quiet and organised.
- **Try to set a routine.**
- **Include breaks.**
- **Food for thought:** Are they fed and watered?
- **Be open minded:** Don't panic if you do not understand the work yourself.
- **Encourage independence.**
- **Monitor and limit screen time:** Set clear limits.
- **Provide support and encouragement.**
- **Support with revision.**

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and do it.

Curriculum

- Everything your child is studying can be found on our website.
- Revision hub



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take courage,
and do it.

Revision Hub



Rise up,

- Revision resources and support tailored to our curriculum at The Barlow
- Quality resources created by our teachers for our pupils
- Knowledge Organisers, revision lists, practice questions
- Resources to support GCSE exams, mocks, and KS3 Big Tests

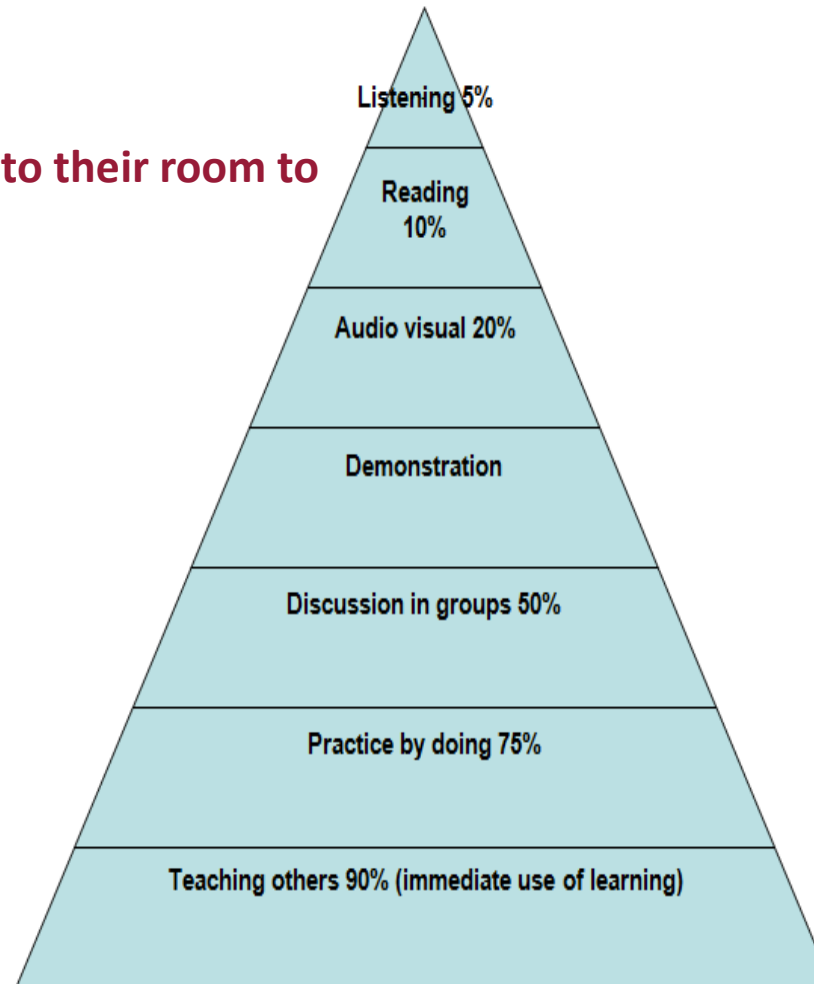


Rise up,
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Revision at The Barlow

How can I support my child with their revision?

DO NOT just send your child to their room to revise!



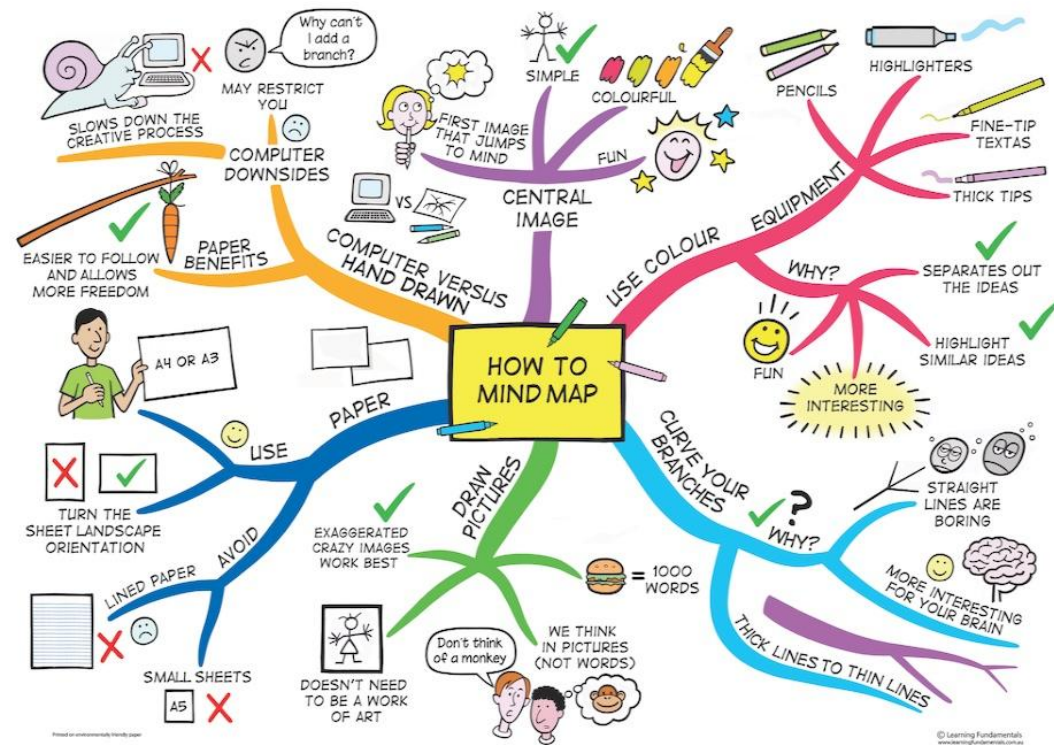
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Rise up,
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and do it.

How can I support my child with their revision?

- Create a revision timetable
- Get your child to create flash cards – test them!
- Create mind maps
- Past papers
- Revision guides - ParentPay
- Show and tell

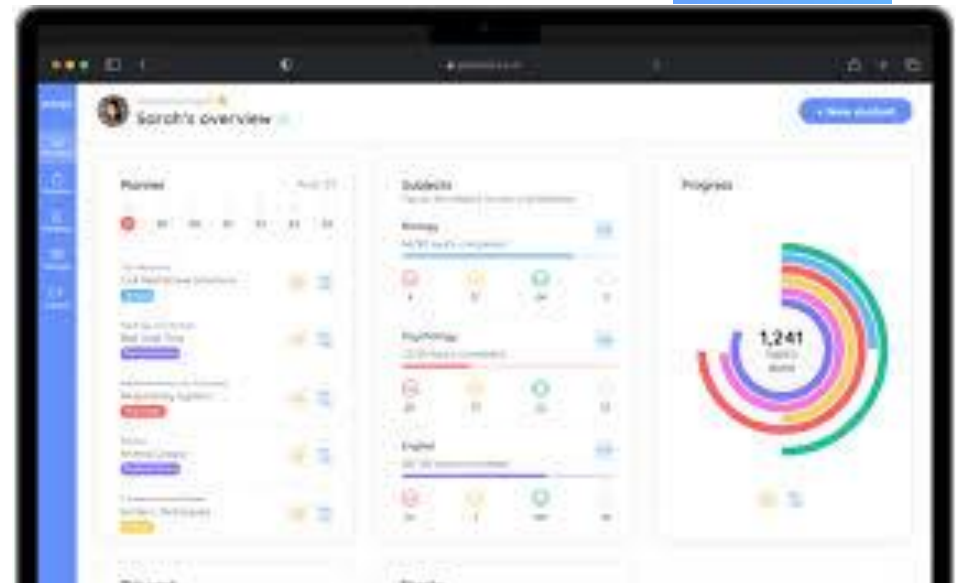


Apps to support revision.

Flora



Adapt



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Co- Curricular Activities : Why?

- *The chance to switch off and do something you enjoy.*
- *They can actually improve your grades and your outlook on school in general.*
- *Opportunities to explore a range of interests and unlock passions you never knew you had.*
- *Build your self-confidence*
- *Expand your social network.*
- *Make your CV or College application stand out from the rest.*

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take courage,
and do it.

What will
you do?



Attendance matters.

Attendance	Number of school days missed	Number of hours of learning missed
95%	9.5 days	47.5 hours
94%	11 days	55 hours
93%	13 days	65 hours
92%	15 days	75 hours
91%	17 days	85 hours
90%	19 days	95 hours

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Been late to school costs time.

Minutes Late Per Day During School Year		
5	3.4 Days	98.4%
10	6.9 Days	97.8%
15	10.3 Days	94.7%
20	13.8 Days	92.9%
30	20.7 Days	82.2%



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take courage,
and do it.

Who can I contact for support?

- Class teachers
- Curriculum Leaders
- Family Tutors
- Mrs Sutton – Head of Year
- Mrs Bowyer – Key Stage Lead
- Mrs Wilcox – Careers / Work Experience Lead



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take courage,
and do it.

Questions?



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and do it.



Year 10 Work Experience 2027

Parent / Carer Information Evening



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take courage,
and do it.

Aims:

- To introduce you to Career Connect and the work we do in partnership with Barlow RC High School.
- To go through the process and planning for Year 10 Work Experience.
- To discuss why we ask pupils to find their own placements
- To discuss how we can best support yourselves and your children to find suitable work experience placements
- To cover any issues or concerns you may have regarding your child's work experience

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take courage,
and do it.

About Career Connect

- We are careers charity working with young people and adults to help them find meaningful work and achieve their goals.
- We currently work in over 270 schools across the UK, and we are proud to work with Barlow RC High School.
- We support schools with their work experience placements providing some placements and also completing health and safety checks on placements.



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take courage,
and do it.

Year 10 Work Experience

Research shows that having the opportunity to undertake a work experience placement improves the quality of a careers programme in school.

For young people work experience is also an important part of helping them to understand the difference between school and work.

There is also evidence that those young people who have done work experience are more likely to be more successful when they apply to for work or other options such as University

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take courage,
and do it.

Why is Work Experience important?



Have the opportunity to experience the world of work.

A good way to sample careers without committing to a vocational path.

Will help with future university and job applications.

Young People are more likely to be successful in finding work if they have done work experience.

It is an opportunity to demonstrate interest in a certain career / vocational choice.

Alternatively, it may make them realise that they do not want to pursue a certain career.

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Why is Work Experience important?

- We now have a very skills based labour market and therefore those who understand their skills and can articulate these are more likely to secure better future opportunities. Work Experience can give young people the chance to explore and understand their skills.
- Work Experience is an opportunity for young people to see their learning in action and is something that is not just about their academic achievements.
- Top skills employers are looking for **problem solving, team work, commitment to completing tasks** and **customer awareness**.



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Year 10 Work Experience Week: 22nd – 26th February 2027



We are asking pupils to find their own placements where possible for this week.



We ask pupils to do this as it is an important part of the process, we know that if students find their own they are more committed to attending.



We understand that this can cause some anxiety about approaching employers, however we also know that employers really appreciate a direct approach from young people.



We will also be looking for placements as a back up plan for those who have not been able to secure a placement.

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Work Experience – The Timeline

- Launch to parents / carers 14th September
- Launch to Year 10 pupils in assembly 17th September
- Follow up Online Parent / Carer Session – TBC
- Placement forms given to pupils 18th September
- Placement forms to be returned no later than the **30th November 2026**
- Career Connect health and safety check of all placements Dec – Jan 2027
- Placement information issued to pupils at the end of January
- Pupils confirm attendance with employers W/C 1st Feb
- Placements begin W/C 22nd February



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Work Experience – Points to Consider

- It is important to be realistic about the types of employers that can offer a face to face Work Experience Placement.
- Year 10 Work Experience does not have to be directly linked to career goals, the experience of understanding the world of work is just as important.
- Some examples of placements that can be hard to find: NHS, sports, police, laboratories, and construction firms.
- We need to complete health and safety checks of all premises so anyone offering work experience **MUST have employer liability insurance.**



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Work Experience – Points to Consider



Think about the local area, what is possible to travel to and from?

Your child may have a specific career goal in mind, but a local employer may not be able to offer a placement, it is good to have a couple of options that they would consider.

There is lots of competition for work experience placements at all times of the year and employers can be inundated with requests the earlier placements are arranged the better.

If your child is struggling with their choice or perhaps putting off finding a placement, please let their Family Tutor know so we can help in school.

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Work Experience – Tips for finding a placement

Approach more than one potential employer.

Don't be put off if there is no response, keep trying.

Don't panic if your child is not sure what they want to do, ask them to google the local area and think about places they know/feel comfortable in.

A personal approach always helps, for example, it is fine to approach employers on their premises and ask for a placement.

Good places to start - primary schools, local offices, local shops, small local businesses.

Personal connections are always useful – friends, family, colleagues.

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Work Experience – Tips for finding a placement



Make a list of potential ideas of what work experience appeals to your child



Are there companies you are already aware of in your local area?



Use the internet to research local companies in the fields they are interested in.



Make a list and research into each company to find out more about what they do, using their websites and social media pages.

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Work experience – Tips for finding a placement



- Some organisations find it easier than others to help with work experience for example:
 - Local primary schools
 - Local shops and offices
 - Charities
 - Nurseries
 - Cafes
 - Kennels/Catteries
 - Pharmacies
 - Car garages

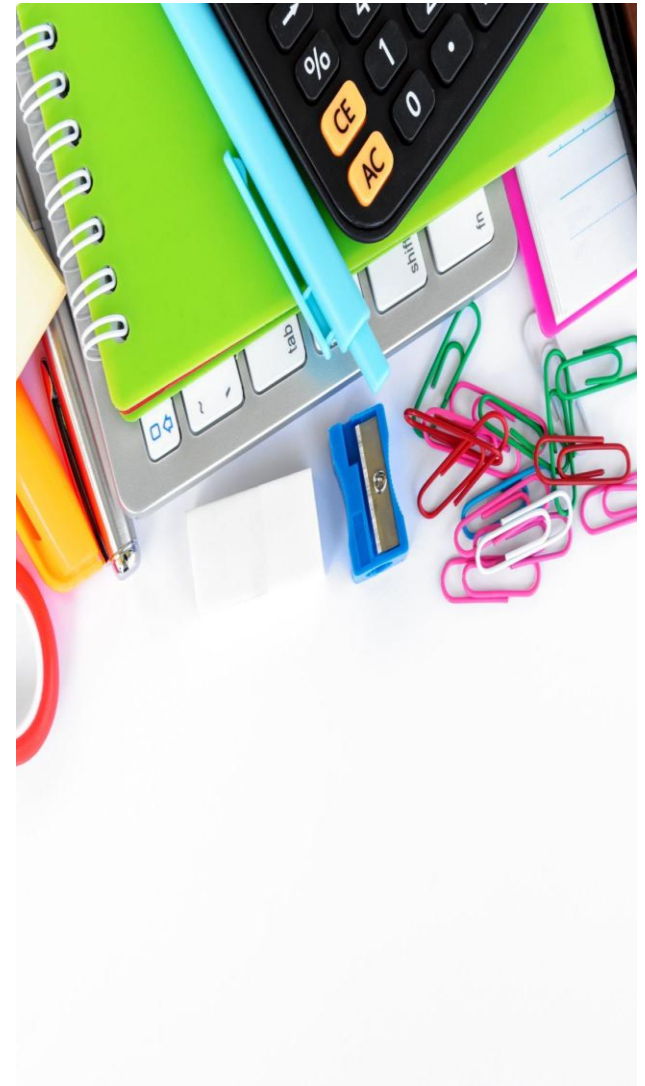
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Work Experience – Making Contact

- Once your child has their list, they now need to figure out the best way to contact each company about Work Experience.
- Some employers will have instructions on their website regarding applying for Work Experience so look for this. If they do, follow the instructions given. If not, make a note of their telephone number and give them a call.
- **Phone Call** – ask your child to make the call and tell them to make a note of what they want to say first. Introduce themselves and ask for the right contact person to speak to regarding work experience. They may give an email address to contact instead of putting them through via the phone.



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Emails: Are the easiest way to get in touch with lots of potential employers

Must include:

- Dates of work experience
- Your child's name
- The school's name
- Their age / what year they are in
- Explain their interest and why they wish to complete their work experience at that company

How we can help



Family Tutors will be able to support pupils to research and identify potential placements



We will offer lunch time Drop- In sessions for anyone struggling or who would like help.



School's Careers Adviser will also be able to help and we will be organising drop in sessions for pupils as required.



Contact me, Mrs Wilcox, - especially if an employer has questions/concerns or has never offered work experience before, I can talk them through the process.

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Once a placement is confirmed

- You and your child will need to get some key information regarding the nature of the placement – this must be completed on the form issued (paper or digital version).
- Name of business/employer.
- Name of placement Supervisor / Key Contact.
- Employer liability insurance number.
- Please also ask for a confirmation in writing as a formal record of the agreement to offer a Work Experience placement.
- Any other relevant information.



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Preparation for placements

- Once we have checked the employers and approved the placements, we will get details on each pupil's placement.
- This includes – what they should wear on placement, start and finish times, lunch arrangements etc.
- You child will be issued with this information at the end of January at which point they **MUST** ring their placement and confirm their attendance.
- We will offer preparation sessions in school so that everyone feels confident before they embark on their Work Experience placement.

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Some final points!

- Please do stick to the **22nd – 26th Feb 2026** - any other week will not be authorised if it is in the school term.
- We have a legal duty of care to check placements, therefore, if information is not returned on time, we will not authorise the placement and your child could be at risk of losing their placement or classed as absent from school.
- If your child has any additional needs and you want to discuss this further please get in touch.
- We are looking for placements and we want everyone to have a really positive week, we want to help in anyway we can – this is such an exciting opportunity for your child! 😊

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Useful Links



D Wileox • 3h

Careers at the Barlow Bulletin Board

Welcome to our careers bulletin board! Here you will find an exciting mix of careers opportunities and information.

Results day

+

Results day advice



bbc.co.uk

Miss Estruch's top tips for GCSE results day 2026 - BBC Bitesize



Career Connect

careerconnect.org.uk

Manchester - Career Connect

National Careers service - Next steps



National Careers Service

Helping you make the most of your future

UNIFROG

+

Parent/carer feedback. Please complete this short form to share your feedback of the careers provision at The Barlow



forms.gle

Careers at The Barlow

ACCESS OUR CAREERS PLATFORM UNIFROG



unifrog.org

The universal destinations platform.

Year 10 work experience and opportunities

+

Work experience digital form



Microsoft 365

forms.cloud.microsoft

Work Experience Self-Placement Form
The Barlow High School Y10 22/02/27 - 26/02/27

Guide to helping your child find a work placement



unifrog.org

For parents and caregivers: how to help your child find a work placement

Parent guide to helping to work placement

Upcoming events and open days

+



loreto.ac.uk

Open Days 2026 - Loreto

Loreto College - Please book your space online. Booking is essential.
Saturday 10 October 2026
Sunday 18 October 2026
Session Times
10:00 am - 12:00 pm
1:00 pm - 3:00 pm



xaverian.ac.uk

Open Day - Xaverian College

Xaverian College open day -

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QR code to
access Our
Careers
Bulletin
Board.



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and do it.

Any questions?

Any Questions?



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and do it.

Contact

Any questions, do get in touch:

Contact Details:

- Mrs Wilcox
- d.wilcox@thebarlowrchigh.co.uk

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